# 10 Planet Friendly New Years Resolutions

There are many simple actions we can all take in 2011 to make a difference, and living green can also save you money. Here are some ideas on how to have a sustainable New Year,

## 1. Start a veggie garden at home

There is nothing more satisfying than eating something you grew yourself. http://www.abc.net.au/gardening/factsheets/fruit_vegetables_herbs.htm is a great site to help you get started.

## 2. Keep chooks

Considered one of the key trends for 2011, why not try keeping chooks and keep yourself and neighbours in eggs. To find out more visit http://transitionknox.wordpress.com/chicken-keeping-in-knox/.

## 3. Buy your fresh produce from a local market

Shop locally to eat fresh seasonal produce and reduce your food miles.

## 4. Shop at Op Shops

Buy recycled to reduce the strain on global resources

## 5. Install solar panels

Installing solar panels can save you hundreds off your energy bill each year as well as reduce your dependence on high cost non-renewable energy. Visit http://www.truenergy.com.auto find out more.

## 6. Ride instead of drive

Reduce your car dependency and get fit by riding a bike instead of driving. Choose a weekly activity that you normally drive to and commit to riding there instead.

## 7. Learn an old skill

Try knitting or sewing and transform some old garments or materials rather than buying from the shop. Visit http://www.rdnh.org.au/ to find out about some great low cost courses.

## 8. Create a wildlife friendly habitat

The Gardens for Wildlife (G4W) program is designed to encourage owners or occupier of a suburban block, to set aside an area in the garden for local wildlife. This can be done by providing habitat planted with locally indigenous, Australian native or suitable exotic species. Visit http://www.knox.vic.gov.au.

## 9. Get Composting

Why not reduce landfill by doing your own composting. It reduces the amount of rubbish going into your bin and your garden will love you for it. Visit http://www.cleanup.org.au for more info.

## 10. Get Informed

Take some tine to educate yourself and your family on the climate change issues facing the planet to help you make more informed decisions. A good place to start is http://www.sustainability.vic.gov.au.

# What is Transition Knox?

Transition Knox is a not for profit group committed to assisting people within Knox live more sustainable lives. The motivation behind the formation of Transition Knox is a well supported belief that petroleum supply is decreasing, leading to an increased cost in consumer goods and potentially limited supply of things we all now take for granted like imported foods, petrol and everyday consumables. Transition Knox also believes that climate change is an important issue and that the planet will benefit if we all try to live a less disposable lifestyle.

Like many of you, we dont want to wait for our politicians and community leaders to come up with the answers. Community action is so often the best solution and can create quite a powerful message.

We think that the Knox community would benefit from building local resilience to future price hikes by learning new skills such as growing your own vegetables or keeping chooks as well as adopting a more sustainable practices such as recycling clothes, purchasing local produce or installing energy saving devices at home.

Transition Knox hopes to build a local sustainability advice hub, providing training, support and resources to a range of local initiatives. Now it is over to you, we need your help to develop a more sustainable Knox and welcome your feedback, ideas and participation in a wide range of activities starting in 2011.

For more information visit our website
www.transitionknox.wordpress.com

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